

.WeDeliverPeriod.

Advancing menstrual equity for women and girls globally.

an initiative of [RenewToday](#)

PERIOD CARE WITHOUT BORDERS PROJECT INFO SHEET

CHALLENGE

Globally it is estimated that 500 million women and girls currently experience period poverty - the broken and interrelated system of social taboos, limited access to appropriate menstrual health education, products, services, infrastructure (i.e. water and sanitation), and policies that reduce the likelihood that people who menstruate will menstruate with a sense of dignity, safety, and wellness. This global health challenge stymies girls' and women's ability to reach their full academic and economic potential, in particular in sub-Saharan Africa.



OPPORTUNITY

We envision a world where all women and girls have access to safe and dignified period care beginning with medically-accurate menstrual health education. Developing partnerships with medical universities to send senior medical school residents on short-term missions trips to train college students and other community members in sub-Saharan Africa on leading menstrual education workshops will:

- provide medically-accurate information about menstruation
- normalize discussions about periods and lessen taboos and social stigma
- support local collective leadership by helping girls strengthen the skills to advocate for change
- advance menstrual equity through supporting access to menstrual education - a key component of a holistic approach to menstrual health management

ADVISORS

Dr. J. Krystal Ascencio
Vice-Chair Department of Obstetrics and Gynecology
Director of Ambulatory Women's Health
Jamaica Hospital Medical Center

CURRENT WORK

WeDeliverPeriod is a philanthropic initiative of RenewToday, a 501(c)(3) organization, that supports menstrual equity globally. We provide leadership development training to changemakers based in sub-Saharan Africa who are advancing menstrual equity. To date, we've worked with 18 Fellows working to support 28,000 girls and women across 10 countries in sub-Saharan Africa. 100% of graduates report increases in their sense of connection to other social entrepreneurs and a greater sense of confidence as leaders through participating.

To find out more contact:

Amelia E. Thompson | amelia@renewtoday.net | Founder | RenewToday